

St. Andrew the Apostle
Catholic Church

EDGE Prayer and Reference Guide



Our Father

Our Father who art in heaven,
Hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
And forgive us our trespasses,
As we forgive those who trespass against us,
And lead us not into temptation,
But deliver us from evil.

CCC 2759-2760

Hail, Mary

Hail Mary
Full of grace the lord is with thee.
Blessed art thou among women,
And blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God.
Pray for us sinners, now and at the hour of our death.

CCC 2676-2677

Apostles' Creed

I believe in God, the Father almighty,
Creator of heaven and earth.
I believe in Jesus Christ his only Son, our Lord.
He was conceived by the power of the Holy Spirit
And born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified,
Died and was buried. He descended to the dead.
On the third day he rose again.
He ascended into heaven,
And is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
The holy Catholic Church,
The communion of saints,
The forgiveness of sins,
The resurrection of the body,
And the life everlasting,
Amen.

Nicene Creed

We believe in one God,
The Father, the Almighty,
Maker of heaven and earth,
Of all that is seen and unseen.

We believe in one Lord, Jesus Christ,
The only Son of God,
Eternally begotten of the Father,
God from God, Light from Light,
True God from true God,
Begotten, not made,
One in Being with the Father.
Through him all things were made.
For us men and for our salvation
He came down from heaven:
By the power of the Holy Spirit
He was born of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate;
He suffered, died, and was buried.
On the third day he rose again in fulfillment of the Scriptures;
He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead, and his kingdom will
have no end.

We believe in the Holy Spirit,
The Lord, the giver of life,
Who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead, and the life of the world to come.
Amen.

Angel of God

Angel of God
My guardian dear,
To whom God's love commits me here,
Ever this day,
Be at my side
To light and guard,
To rule and guide. Amen.



Act of Contrition

My God
I am sorry for my sins with all my heart.
In choosing to do wrong
And failing to do good,
I have sinned against you
Whom I should love above all things.
I firmly intend, with your help, to do penance,
To sin no more,
And to avoid whatever leads me to sin.
Our Savior Jesus Christ
Suffered and died for us.
In his name, my God, have mercy.
Amen.

Doxology (Glory Be)

Glory be to the Father, and to the Son and to the Holy Spirit.
As it was in the beginning, is now and will be forever.
Amen.

Prayer to St Michael the Archangel

St. Michael the Archangel,
Defend us in battle.
Be our defense against the wickedness and snares of the
devil.
May God rebuke him, we humbly pray,
And do thou,
O Prince of the heavenly host,
By the power of God,
Cast into hell Satan,
And all the evil spirits,
Who wander about the world
Seeking the ruin of souls.
Amen.



Prayer Before Meals

Bless us, O Lord, and these Your gifts,
Which we are about to receive
From Your bounty,
Through Christ our Lord.
Amen.

Fatima Prayer

O My Jesus,
Forgive us our sins,
Save us from the fires of Hell;
Lead all souls to Heaven,
Especially those in most need of Thy mercy.
Amen.



Hail Holy Queen (Salve Regina)

Hail, Holy Queen, Mother of Mercy,
Our life, our sweetness and our hope.
To you do we cry,
Poor banished children of Eve.
To you do we send up our sighs,
Mourning and weeping in this valley of tears.
Turn then, O most gracious advocate your
Eyes of mercy toward us,
And after this, our exile,
Show unto us the blessed fruit of thy womb,
Jesus.
O clement, O loving, O sweet Virgin Mary.
Amen.

The Joyful Mysteries

Monday and Saturday

1. The Annunciation

The angel Gabriel was sent from God to a town of Galilee called Nazareth. And coming to Mary, he said, "Hail, full of grace! The Lord is with you. (Lk 1:26-28)

2. The Visitation

Mary set out and traveled to the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of you womb." (Lk 1:39-45)

3. The Birth of Our Lord

And Mary gave birth to her first born son. She wrapped him in swaddling clothes and laid him in a manger...And suddenly there was a multitude of the heavenly host praising God and saying: "Glory to God in the highest and on earth peace to those on whom his favor rests." (Lk 2:1-20)

4. The Presentation in the Temple

Mary and Joseph took the baby Jesus to the Temple to present him to the Lord. At the temple Simeon and Anna came forward, gave thanks to God and spoke about Jesus to all who were present. (Lk 2:22-38)

5. The Finding of the Child Jesus in the Temple

The boy Jesus remained behind in Jerusalem, but his parents did not know it. After three days they found him in the temple, sitting in the midst of the teachers, listening to them and asking them questions. (Lk 2:41-50)

The Sorrowful Mysteries

Tuesday and Friday

1. The Agony in the Garden

Jesus went to a place called Gethsemane to pray. "My Father, if it is possible, let this cup pass from me; yet, not as I will, but as you will." (Mt 26:36-46)

2. The Scourging at the Pillar

The chief priests with the elders and the scribes held a council. They bound Jesus, led him away, and handed him over to Pilate. Pilate, wishing to satisfy the crowd, had Jesus scourged and handed him over to be crucified. (Mk 15:1-16)

3. The Crowning with Thorns

They stripped off his clothes and threw a scarlet military cloak about him. Weaving a crown out of thorns, they placed it on his head, and a reed in this right hand. And kneeling before him, they mocked him, saying, "Hail, King of the Jews!" (Mt 27:27-31)

4. The Carrying of the Cross

Jesus, weak from being beaten, was unable to carry His cross to Golgotha alone. Simon, a Cyrenian, helped him. (Mk 15:20-22)

5. The Crucifixion

When they came to the place called the Skull, they crucified him and the criminals there, one on his right, the other on his left. Jesus said, "Father, forgive them, they know not what they do." (Lk 23:33-46)

The Glorious Mysteries

Wednesday and Sunday

1. The Resurrection

Mary Magdalene and the other Mary came to see the tomb. An angel appeared and said, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said." (Mt 28:1-10)

2. The Ascension of Our Lord

As Jesus blessed them He parted from them and was taken up to heaven. (Lk 24:44-53)

3. The Descent of the Holy Spirit

Jesus came and stood in their midst and said to them, "Peace be with you. Receive the Holy Spirit." (Jn 14:15-21)

4. The Assumption of Our Lady into Heaven

A great sign appeared in heaven: a woman clothed with the sun, the moon beneath her feet, and on her head, a crown of twelve stars. (Rev. 12:1)

5. The Coronation of the Blessed Virgin Mary

All generations will call you blessed, for the Almighty has done great things for me...Be faithful unto death, and I will give you the crown of life. (Luke 1:48-49, Rev. 2:10)

The Luminous Mysteries

Thursday

1. The Baptism in the Jordan

And a voice came from the heavens, saying, "this is my beloved Son, with whom I am well pleased." (Mt. 3:17)

2. The Wedding at Cana

"Woman, how does your concern affect me? My hour has not yet come." His mother said to the servers, "Do whatever he tells you." (Jn 2:1-12)

3. The Proclamation of the Kingdom of God

"This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." (Mk 1:15)

4. The Transfiguration

While he was praying his face changed in appearance and his clothing became dazzling white. (Lk 9:29)

5. The Institution of the Eucharist

Before the feast of Passover, Jesus knew that his hour had come to pass from this world to the Father. He loved his own in the world and he loved them to the end. (Jn 13:1)

The Beatitudes

Blessed are the poor in spirit,
For theirs is the kingdom of heaven.

Blessed are they who mourn,
For they will be comforted.

Blessed are the meek,
For they will inherit the land.

Blessed are they who hunger and thirst for righteousness,
For they will be satisfied.

Blessed are the merciful,
For they will be shown mercy.

Blessed are the clean of heart,
For they will see God.

Blessed are the peacemakers,
For they will be called children of God.

Blessed are those who are persecuted for the sake of righteousness,
For theirs is the kingdom of heaven.
(Matthew 5:3-10)



The 10 Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

Exodus 20:1-17
CCC 2084-2557



Spiritual Works of Mercy

Based on Christ's teaching and Christian practice since the time of the apostles.

1. Counsel the doubtful.
2. Instruct the ignorant.
3. Admonish the sinner.
4. Comfort the sorrowful.
5. Forgive injuries.
6. Bear wrongs patiently.
7. Pray for the living and the dead.

Corporal Works of Mercy

"Whatever you do the least, you do to me." (Matthew 25:35-46)

1. Feed the hungry.
2. Give drink to the thirsty.
3. Clothe the naked.
4. Shelter the homeless.
5. Visit the sick.
6. Visit the imprisoned.
7. Bury the dead.

Theological Virtues

1. Faith
2. Hope
3. Charity

Cardinal Virtues

1. Prudence
2. Justice
3. Temperance
4. Fortitude

Fruits of the Holy Spirit

1. Charity
2. Joy
3. Peace
4. Patience
5. Kindness
6. Goodness
7. Long-Suffering
8. Mildness
9. Faith
10. Modesty
11. Continency
12. Chastity

Gifts of the Holy Spirit

1. Wisdom
2. Understanding
3. Counsel
4. Fortitude
5. Knowledge
6. Piety
7. Fear of the Lord

How to Pray the Rosary

1. Looking at the cross, we hold it while we make the sign of the cross and pray the Apostles' Creed which is a summary of all the things we believe as Catholics.
2. On this separate bead, we pray an Our Father, the prayer that Jesus taught us.
3. On each of the next three beads, we pray the Hail Mary. These beads represent the virtues of faith, hope and charity.
4. On this separate bead, we announce the first mystery. (e.g. Joyful) We reflect on what happened to Jesus at this time and we think about what it means in our lives today. We pray the Our Father.
5. We pray on Hail Mary on each of the next 10 beads, then "Oh My Jesus" (Fatima Prayer), then we pray the Glory Be.
6. On this separate bead we announce the second mystery, reflect, and pray the Our Father.
7. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be, then the Fatima Prayer.
8. On this separate bead, we announce the third mystery, reflect, and pray the Our Father.
9. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be, then the Fatima Prayer.
10. On this separate bead, we announce the fourth mystery, reflect, and pray the Our Father.
11. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be, then the Fatima Prayer.
12. On this separate bead, we announce the fifth mystery, reflect, and pray the Our Father.
13. We pray one Hail Mary on each of the next ten beads. Then we pray the Glory Be, then the Fatima Prayer.
14. We have now reached the end of the Rosary. On the medal that connects the beads we pray the Hail Holy Queen.

